

FAMILY CONSTELLATION

Weekend Courses led by Sarasi Rogers

in the Dartmoor National Park, Devon

**New dates to be announced
as soon as possible**



Sarasi Rogers

has been working as a therapist for 38 years and with Family Constellation for 21 years.

Her work draws on a wealth of experience in emotional healing, gained from a lifelong exploration of effective therapies that bypass the mind.

WHAT MAKES LOVE WORK?

Restore the hidden flow of love in the family system.

Reclaim our ancestors as a powerful loving force in our lives.

This course is based on the inspirational work of Bert Hellinger, whose profoundly innovative approach acknowledges, respects and gently redirects the deeply embedded forces in the family system.

All members of the family, including adoptees and those who are absent through death or separation, are energetically present in the family structure and affect other members. Similarly the suppressed emotions of past family members are also present and may be carried by others.

Unresolved issues that have been deeply buried in the unconscious are revealed and healed in this simple yet astonishingly powerful process.

THEN FORGIVENESS CAN HAPPEN AND LOVE CAN FLOW AGAIN.

The weekend's setting

is a beautiful old farmhouse surrounded by the silence of an abundant green Dartmoor valley. Close to Exeter, easy M5/A30 or train access. The superb cooking is wholefood vegetarian.

Arrive from 5.30pm on Friday. The course starts at 7.15pm, includes evening sessions and finishes on Sunday.

With full board and accommodation, the cost is £399 or £199 as Representative only



"Every family has a strong inner bond, regardless of what it looks like on the outside, and regardless of whether the family members feel it or know it. Children carry the burdens and energies from their family with them.

Everything which is suppressed by the family does not dissolve into thin air but rather it 'floats' around within the system. The newer family members - namely the children - feel this energy, receive it and live it out. They are then 'entangled' by their ancestors, meaning that they take over their behaviours, feelings, and fates."

From 'You can't have wings if you don't have roots' by Bertold Ulsamer

The Flowering of Life Foundation Course in Family Constellation with Sarasi
There's still time to join

Phone: **01647 24075** for further information

Email: info@familyconstellation.co.uk Visit: www.familyconstellation.co.uk

About the course leader's approach

Sarasi Rogers was trained in Family Constellation by Moumina Jeffs, who herself was trained by Victoria Schnabel, a foremost original student of Bert Hellinger.

She follows in this feminine tradition, allowing unhurried time for whatever needs to unfold in each Constellation. The approach is rare and special, in that the group size is kept small, so that everyone has their turn, and usually everyone participates in everyone else's Constellation, if they wish.

How Family Constellation works By setting up the structure or constellation of your family, using the other participants as Representatives, the relationships within your family system can become clear. This may be either your present family (marriages, relationships, children) or your family of origin (the family you were born into). It can include looking at emotional attachments to former partners, or experiences such as separation or abortion. Information emerges which may not have been visible or known before and you are able to view your family from a more spacious perspective, as a new healing potential is released.

"When the family is brought into order, an individual from that family can leave the nest. He feels the power of the family behind him. Only when the connection to the family is recognized, and the responsibilities have been made clear and divided up, does the individual feel free of burden. He can go his own way, without the past burdening him and tying him down." Bert Hellinger

"The family is the ground in which we take root. As long as we do not know and recognize these roots, the wings that we grow will be weak. Family Constellations are a way to discover these roots and to free them from those things which weaken or damage them"

From "You can't have wings if you don't have roots" by Bertold Ulsamer

Alternatively, the structure of an issue you may bring (such as your Money, Relationship, Work or Health) may be set up as a constellation. This approach often reveals that the issue stems from the relationships within your family system.

The Constellation experience Participants say they love not only the Family Constellation work but also the ancient farmstead where the courses are held. Once here, in this magical place, it's feeling themselves welcomed into the heart of a loving household, where tears and laughter come naturally and everyone's individuality is respected.

In this rural paradise, beautifully sheltered on the Teign's sunny south slope but enjoying stunning open views over Dartmoor from its serene meditation space, silent from traffic and truly dark under the night sky, it's easy to reconnect with deeper levels, both of the planet and of oneself. Around the kitchen table, generously plied with the very best of vegetarian wholefood cooking, lifelong friendships are made.

Booking Form FAMILY CONSTELLATION 2020

New dates to be announced as soon as possible



Please send your non-returnable £100 deposit to: Holeland Farm, Dunsford, Exeter, Devon EX6 7DJ

The balance is due 14 days before and is then non-returnable. Please make cheques payable to L J Rogers.

Name

Address

.....Postcode

Tel Mobile e-mail

How did you hear about Sarasi's Family Constellation workshops?